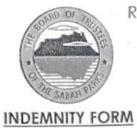
Ref: TK/PTD/90 Jld.02



Date:

have been warned of and will not claim any accident, injury or de participation in these	I.C./Passport No the danger in carrying out the following activities damages from the SABAH PARKS in the event of eath which arise prior to during and after my activities.
I hereby indemnify the	SABAH PARKS and waived against all claims that race of the above activities.
Signature:	Telephone Number:
Relations:Address:E-Mail:	n case of emergency:
FOR S	SABAH PARKS OFFICE'S USE ONLY
Permission given by: Park officer: Signature: Date: Comment:	Signature :

Release and Assumption of Risk

Participant Medical Information Form

Trekking on high altitude, rock-climbing and related activities which include (but are not limited to) ascending fixed ropes and abseiling can be physically demanding activities. We do not want you to engage in an activity that would be detrimental to your health or which would be opposed by your doctor because of recent illness, injury, surgery, etc.

now woold you describe you nearling	
Answer the following questions (write "Yes" or "No")	
Is there a history of / have you ever had	NO YES
Chest Pain, Coronary Problems, High Blood Presssure. Lung Problems (Asthma, Bronchitis, Tuberculosis etc). Head Injury, Fits, Epilepsy, Fainting Attacks, Migraine. Back / Neck Problems. Dislocations. Diabetes. Eye (Vision) / Ear (Deafness) Problems. Nervous illness. Arthritis , Bone or Joint injury. Surgery within the last 3 years. Allergies (Drugs, Food etc). Routine Medication Needs.	
Tes le dily di abore, piedas appeny.	G OT HOLLS
Country 10 Pick Status	
Covid-19 Risk Status	NO YES
 Low Risk , No Symptom Covid-19 Vaccination Status	